

**ADELAIDE HILLS CYCLING CLUB**

**TRAFFIC MARSHALLING GUIDELINES**

**Dates for volunteering as a traffic marshal:**

1. The club Safety Officer will contact you with a few options regarding dates for you to do traffic marshalling volunteering.
2. If due to illness/injury etc you can’t race please consider volunteering. We fill a lot of vacancies this way.

**For an event where you are volunteering:**

1. The Safety Office will contact you in the week preceding the race with details of your location and what you will need to do.
2. On race day:
3. Collect a hi-vis vest from registration pre-race.
4. The Safety Officer will provide a quick on-site brief pre-race.
5. Stop/slow paddles will be located at your allocated corner, usually adjacent the turn arrow.
6. You may be asked to sweep a corner to clear it from debris.
7. We rarely show the ‘slow’ sign for oncoming traffic. AusCycling policy for corner marshals is to stop traffic. The ‘slow’ sign is only used to let traffic go once riders have passed.
8. You will be protected at your location by warning signage which includes speed restrictions.
9. At your location on the course:

* Protect yourself first. Be ready to jump back from oncoming traffic if required.
* When showing the stop sign demonstrate confidence/intent. A small step forward will help achieve this.
* As you raise the paddle also raise your other hand in stop motion.
* Don’t take your eyes off the lead approaching vehicle until it has stopped. From that point monitor riders with regular glances at lead vehicle.
* When clear for cars to proceed give the driver a thank you wave.
* Focus on the riders and cars at all times. Some drivers and local residents want to chat with you which can distract from safety management.